

PENNRIDGE HIGH SCHOOL EXTRACURRICULAR CODE

Introduction:

The Pennridge Code shall govern all students during the time they are participating in any programs or athletic teams/club or activity as identified and created by the Pennridge School District. The purpose of Pennridge's Code is to add to our student's mental, physical, social, emotional, moral, and ethical well-being. It is a positive step to prepare and enrich our students in becoming productive young adults.

Participation in any programs at Pennridge High School is a privilege and not a right. In the exercise of this privilege, all students shall comply with the Code beginning with the start of a new extra-curricular activity, and continuing to be in affect for the calendar year (including summer months). As a condition precedent to a student's participation in any program or the first practice or contest, the student and his or her parent/guardian shall acknowledge receipt of this Code by signing and returning to the program director or coach the attached consent form. The director or coach will send all consent forms to Administration for the students' eligibility.

A director or coach may distribute a separate Code, which shall govern students who participate in a particular program or sport. The student and his/her parent/guardian shall also acknowledge receipt of this Code and return the acknowledgment to the director or coach. The same standard of behavior and discipline for the regular student shall apply to the extracurricular participant. Therefore the **PENNRIDGE EXTRACURRICULAR CODE** shall supplement the Pennridge School District Code of Conduct or Student Handbook.

1. Athletic/Event Eligibility

- A. Eligible if a student has not reached the age of 19 prior to July 1st (athletics only).
- B. If a student completes a marking period with a failing grade, that student will be ineligible for the next 15 school days. The ineligible student will be reinstated following the 15 day period provided he/she is passing every subject. Fall athletic eligibility will be based upon final marking period grades from the previous school year.
- C. Academic eligibility will be checked every Friday for in-season student-athletes and will be based on cumulative grades from the beginning of the marking period. If a student is failing **one subject** or more he/she will be ineligible to participate in any extra-curricular activity for a period of one week at a time (Sunday – Saturday) until he/she is no longer failing. **Furthermore, if a student is receiving a D in any subject area, he/she will be placed on probation. Students on probation will not be permitted to practice or play without a completed grade report update form. This form must be completed and submitted to the head coach on a daily basis. Eligibility will be reviewed by the Principal and Athletic Director.**
- D. Students are not eligible for athletics/events after completion of 8 semesters following a student's entrance into 9th grade.

2. Attendance in School

- A. To participate in any activity or practice, a student must be in attendance at school before **10:00 A.M.** on the day of the activity. **In the event of a weekend contest, students must meet the attendance requirements on the preceding Friday.**

- B. Exceptions to the above rule would be a doctor's appointment, a family or medical emergency, or extenuating circumstances. These exceptions require a note from the student's parent or guardian, and are subject to review by the Administration.

3. Pennridge Extracurricular Code – General Requirements

- A. All students shall be governed by and are subject to the Code during the time they participate in the program.
- B. The student-athletes shall conduct themselves at all times showing good sportsmanship, courtesy to fellow players/participants, referees and opposing team members.
- C. All students shall abide by the Pennridge School District Student Code of Conduct or Student Handbook as printed or explained. The Administration and/or the Athletic Director will handle any infraction by the student.
 - 1. If a violation involves an exclusion/suspension, in school or out, the student will be suspended from the program, practice, games or event during the exclusionary period. He/she becomes eligible the next calendar day following the last day of exclusion. If multiple days occur for the exclusion, the student is ineligible until the exclusion is completed. A student who is a continuous behavior problem in school or has problems attending school as stated by the Pennridge School District Student Code or Student Handbook may be suspended or dismissed from the team/activity for a period of time until behavior becomes satisfactory as determined by Administration.
 - 2. A student who is assigned a detention, after serving the required time, he/she will report to the director or coach immediately after the detention.
- D. If a student is late to practice because of academic reasons, the student must bring a note from the teacher stating the dismissal time.
- E. A student-athlete must abide by the health and training routines as set forth by his/her coach.
- F. A student-athlete may be permitted to move from one sport to another with the approval of the Athletic Director and the coaches involved.

4. The Pennridge Extracurricular Code – Unacceptable Actions and Sanctions

- A. Ejection for misconduct during an athletic contest or event.
 - 1st offense – Coach/Director's Discretion
 - 2nd offense – One Game/Event Suspension
 - 3rd offense – Administrative Review; possible removal from activity for entire season.
- B. Use of profanity is prohibited. All offenses will be addressed by the coach/director.
- C. Conduct unbecoming a student during an activity or athletic contest or related activity, out of school or off the property, will be addressed by the Administration, the Athletic Director and Director/Coach and may result in:
 - 1. 1st offense – One Event Suspension
 - 2. 2nd offense – Two Event/Game Suspension
 - 3. 3rd offense – Removal from Program/Team
 - 4. Behavior unbecoming a student/athlete in school, community or athletic event will mean immediate removal/suspension from the team/activity. This may include, but is not limited to: verbal/physical abuse of player other student, official, teammate, coach, administrator and teacher or staff member. Coach/director and administration will determine the outcome in each case.

a. Behavior resulting in disciplinary action due to inappropriate conduct as a spectator at another sporting event will also result in immediate removal/suspension from the team/activity.

D. Tobacco

1. No student shall use, possess or distribute tobacco products during the season/event/duration of program.
2. If the offense takes place on school property, the administration shall enforce the code of conduct as stated in the student handbook.
3. The commission of the offense, whether on or off school property, shall result in one week suspension from team/program if verified by the coach/director. If a second offense occurs, the student will be dismissed from the team or program.

5. Alcohol and other Drugs

A. These regulations have been developed in order to discourage our student from using harmful drugs and alcohol and to foster the good health and welfare of all of our students.

1. No student shall use, possess, or distribute alcohol, drugs, steroids, controlled substances, look-alikes, or possess drug related paraphernalia on or off school property.
 - a. If the offense takes place on school property or during a school sponsored activity, the following will apply:
Possession/Distribution – 10 day suspension from school and dismissal from the activity/team for the remainder of the season; referral to the Student Assistance Program; if appropriate, referral to the proper law enforcement agency; referral to the Superintendent for possible expulsion; placement in Alternative School, if appropriate.
 - b. If a student is arrested/cited for drug/alcohol use, distribution or possession, he/she will be dismissed from the team for the season. This includes off-season incidents that may carry over to the following athletic season, (ex. summer infractions, off-season programs etc.) Each of these cases will be reviewed by the athletic director/administration and the outcome will be determined after an investigation.
 - c. **If a student receives an alternative placement or withdrawals from Pennridge to attend another school because of violations at Pennridge, this student will not be permitted to participate in extra-curricular activities if they return to Pennridge during that school year.**
 - d. Coaches/Advisors must report any off-season drug/alcohol violations or behavior violations to the athletic director immediately. Failure to do so may lead to possible disciplinary measures.

6. Hazing/Initiation Ceremonies

A. The Pennridge School District believes that students must be protected from hazing and/or initiation ceremonies. All verbal, written, or physical conduct, which harasses, humiliates, or persecutes students, or disrupts or interferes with any student's curricular or extracurricular

experiences, shall not be tolerated.

1. Any student or Pennridge School District employee who is found, after appropriate investigation, to have engaged in the hazing of any student or the filing of false charges shall be subject to disciplinary actions up to and including expulsion or termination.
2. Any student or Pennridge School District employee who witnessed or has knowledge of hazing activities and fails to report such actions shall be also being subject to appropriate measures.

PARENT/COACH COMMUNICATION PLAN
Pennridge School District
Athletic Department
Office: 215-453-6944 ext. 4060

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your children become involved in our programs, you have a right to understand what expectations are placed on your child. This begins with clear directives from the program's coach.

Communications from the Coach

1. Expectations the coach has for your child as well as all members of the squad.
2. Locations and times of all practices and contests.
3. Team requirements (i.e., practices, special equipment, out of season conditioning.)
4. Discipline that may result in denial of your child's participation.

Communications from the parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts.

As your child becomes involved in the programs of the Pennridge School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches

1. The treatment of your child.
2. Ways to help your child improve.
3. Concerns regarding your child's behavior

It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all the students involved. As you have seen from the list above, certain things can be and should be discussed with the coach. Other things, such as the following, must be left to the discretion of the coach.

Issues not to be discussed with coaches

1. Playing time
2. Team strategy
3. Other student athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issues or concerns.

Recommended procedures for conferences

1. Please encourage your child to speak directly with the coach. Many times the matter can be taken care of at that time.
2. Call to set up a meeting.
3. If the coach cannot be reached, call the Assistant Principal / Athletic Director at the Middle School or use the Athletic Director at the High School who will assist you in arranging a meeting.
4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.

5. If the meeting with the coach did not provide a satisfactory resolution, please call and set up an appointment with the Athletic Director to discuss the situation.

Expectations of parent/guardian

1. Support their student athlete's efforts toward team goals.
2. Work to promote a positive environment that is conducive to the development of the student-athlete.
3. Become familiar with, and review the rules and regulations with the student athlete. This review should include the coach's rules handout as well as the PHS Extracurricular Code.
4. Communicate any concerns in a timely manner, according to district protocol.
5. Treat all coaching personnel with courtesy and respect, and insist that their student- athlete does the same.

Since research indicates that students involved in co-curricular activities have an increased chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided here helps to make both your child's and your experience with the Pennridge School District's Athletic Program less stressful and more enjoyable.

David Babb
Athletic Director

Pennridge School District Emergency Consent/Medical Release Authorization

Athlete's Name _____ Date _____

Sport(s): _____ Grade Level 7th, 8th, 9th, 10th, 11th, 12th

I _____ give permission for _____ to participate in organized high school or middle school athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I acknowledge that on rare occasions athlete injuries can be so severe as to result in total disability, paralysis or even death. I give consent for the athletic staff (team physician, certified athletic trainers emergency medical technicians and coaches) or school representative to administer appropriate medical treatment in the event of illness or injury during sanctioned practices/game, on or off campus and while traveling to and from events scheduled by Pennridge School District. I understand that in some cases additional medical care may be needed such as ambulance service and/or hospital admittance. In the event that hospital care is needed and time allows, I prefer that my child be taken to _____ Hospital.

The athletic trainer or head coach has my permission to provide over the counter medications to my child as necessary: antacid (Tums), Tylenol (acetaminophen), ibuprofen (Advil/Motrin).

I here by authorize the athletic trainer/team physician/EMT to release information regarding the health status of my son/daughter or self (over 18 years old) injury/illness to their coach or other medical professionals as it relates to their ability to participate.

This Consent Authorization/Medical Release form will be in effect for the 20___/20___ school year, unless notified in writing by the athletic trainer or Pennridge school representative.

I certify that I have read the consent/medical release form and that I consent for my child to participate in Pennridge School District athletics.

Parent/Guardian Name: _____
(Print Please)

Parent/Guardian Signature: _____

Pennridge High School Extracurricular Code Agreement

I have read the Pennridge High School Extracurricular Code and agree to abide by the code.

Student Signature: _____ Date _____

I have also read the Pennridge High School Extracurricular Code as well as the Parent/Coaches Communications Guideline.

Parent/Guardian Signature _____ Date _____